



## Marshal Spots

1. Edge of chip path directing runners towards the down hill towards the Park school. *\*Athletes can choose to run on the grass or the wood chip path as long as they keep the cones to their right.*
2. Goddard ave near Park school- guiding runners. *(\* If we are short marshals this spot can be taken away and add signage.)*
3. Bottom of hill near Park School and the stone half circle bench.
4. Turn along Avon Street to cut across the field ( halfway between rock and 3 birch trees)
5. Between tree 4 and 5 - cross through and up the hill with the stone bench on your left.
6. Top of hill near the grate
7. Down the hill -directing runners through the correct trees.
8. Helping runners take the correct turns around the cones and through the fence area to the finish.



**1 mi**  
click for km

contributors and others Help